

# SpunOut 2017 Workshop Timetable

Thursday	Hall	Outdoor 1	Outdoor 2	Dome
12 noon	<b>Set-up Crew</b>			
1:00	If you arrive between 12noon and 5pm it means you want to help set-up the event.			
2:00	All volunteers are welcome! Many hands make light work.			
3:00	We ask that you help set-up communal and event facilities first and your own camp after 5pm.			
4:00				
5:00	<b>Event Opens</b>			
6:00	FIRST come to the registration desk and check-in, THEN go find your camping/dorm spot and settle in.			
7:00	<b>Din-dins</b> Corned Beef, Potato Bake, Salads, Rolls			
8:00 onwards	<b>Henna – How to Make Henna Paste</b> All levels <i>Jessica</i>	<b>Board Games</b> Bring your favourite board games to play.	Hall Chill by the fire and get to know your fellow SpunOuters. <i>BYO</i>	

Friday	Hall	Outdoor 1	Outdoor 2	Dome
8:00	<b>Brekky</b> MYO cereal, muslie and/or toast with choice of spreads			
9:00	<b>Acro Yoga - Learn to Fly</b> Beginner <i>Sarah F</i>	<b>Poi - The Basics</b> Beginner <i>Shanan</i>	<b>Contact Staff - How to Think Contact</b> Beginner/Intermediate <i>Jed</i>	
10:30	<b>Cyr Wheel</b> Beginner - 6ppl only (see sign-up sheet) <i>Jethro</i>	<b>Buugeng</b> Beginner/Intermediate <i>Pirateman</i>	<b>Hooping - The Basics</b> Beginner <i>Jaxx</i>	<b>Poi - Russian Floats</b> Intermediate <i>Timmehtek</i>
12noon	<b>Juggling 101</b> Beginner <i>Xanthe</i>	<b>Puppy Hammer</b> Beginner <i>Tim</i>	<b>Single Staff - The Basics</b> Beginner <i>Jethro</i>	<b>Henna – Applying Designs</b> All levels <i>Jessica</i>
1:30	<b>Noms...nom nom nom nom</b> MYO bread/roll with choice of meats and salads <i>Toy Market</i>			
2:30	<b>Unicycling</b> Beginner <i>Steve</i>	<b>Whip Cracking</b> Beginner <i>Brandon</i>	<b>Screen Printing</b> Make your own SpunOut t-shirt <i>Elissa</i>	<b>Stilt Walking</b> Beginner <i>Hana</i>
3:30	<b>Tumbling</b> Beginner <i>Tim</i>	<b>Poi - Stalls</b> All levels <i>Shanan</i>	<b>Contact Staff - Pathways</b> Beginner <i>Brettdstar</i>	<b>Contact Juggling 101</b> Beginner <i>Pirateman</i>
5:00	<b>Acro Yoga - Get Up-Side-Down</b> All levels <i>Sarah F</i>	<b>Double Staff - The Basics</b> Beginner <i>Jed</i>	<b>Way of the Hoop - Hooping Both Ways</b> All levels <i>Lucinda</i>	<b>Community Drumcircle</b> All levels <i>Glenn</i>
6:30	<b>Din-dins</b> Italian - spaghetti bolognese with meat or veg sauce, baked cheese ziti and salads <i>Toy Market</i>			
8:00	<b>Fire Eating &amp; Body Tracing - Basic Technique</b> Beginner <i>Cat</i>	<b>Burn-offs</b> All levels <i>Jarrold</i>		
9:00 onwards		<b>FIRE JAM</b> Get your burn on!	<b>Virgin Burn Space</b> For those that have never use fire before.	
10:00	<b>Bubble Therapy</b> All levels <i>Jed</i>			

Saturday	Hall	Outdoor 1	Outdoor 2	Dome
8:00	<b>Brekky</b> MYO cereal, muslie and/or toast with choice of spreads			
9:00	<b>Cyr Wheel</b> Beginner - 6ppl only (see sign-up sheet) <i>Jethro</i>	<b>Poi - Throws: The Art of Letting Go</b> Beginner/Intermediate <i>Xanthe</i>	<b>Dragon Staff - Chi Roll Appreciation</b> Intermediate <i>Shanan</i>	<b>Cardistry 101</b> Beginner <i>Hugh</i>
10:30	<b>Acro Yoga - Therapeutic Flying</b> All levels <i>Sarah F</i>	<b>Single Staff - Spinning Tricks</b> Intermediate <i>Jed</i>	<b>Hoop Isolation Basics</b> Beginner <i>Jaxx</i>	<b>Poi - 3 Beat Weave Variations</b> Intermediate <i>Timmehtek</i>
12noon	<b>Unicycling</b> Beginner <i>Steve</i>	<b>Poi - Exploring Movement</b> Intermediate <i>Sarah H</i>	<b>Contact Staff - Wheel Plane</b> Beginner <i>Brettdstar</i>	<b>Henna – Applying Designs</b> All levels <i>Jessica</i>
1:30	<b>Noms...nom nom nom nom</b> MYO bread/roll with choice of meats and salads <i>Toy Market</i>			
2:30	<b>Juggling and Columns</b> Intermediate <i>Xanthe</i>	<b>Whip Cracking - Next Level</b> Intermediate <i>Brandon</i>	<b>Screen Printing</b> Make your own SpunOut t-shirt <i>Elissa</i>	<b>Stilt Walking</b> Beginner <i>Hana</i>
3:30	<b>Performance Musicality</b> All levels <i>Jethro</i>	<b>Poi - Flowers</b> Intermediate <i>Shanan</i>	<b>Dragon Staff - The Chi Inside</b> Intermediate <i>Brettdstar</i>	<b>Contact Juggling - Intermediate</b> Intermediate <i>Kai</i>
5:00	<b>Flexibility and Contortion</b> Beginner <i>Sarah H</i>	<b>Double Staff - Techniques</b> Intermediate <i>Jed</i>	<b>Vertical Hooping and Breaks</b> Intermediate <i>Xanthe</i>	<b>Community Drumcircle</b> All levels <i>Glenn</i>
6:30	<b>Din-dins</b> Curry Night - beef curry, butter chicken, veg curry, served with rice and salads <i>Toy Market</i>			
8:00	<b>Fire Eating &amp; Body Tracing - Next Level</b> Intermediate <i>Cat</i>			
9:00		<b>FIRE SHOW</b>		
10:00 onwards		<b>FIRE JAM</b> Get your burn on!	<b>Virgin Burn Space</b> For those that have never use fire before.	

Sunday	Hall	Outdoor 1	Outdoor 2	Dome
8:00	<b>Brekky</b> MYO cereal, muslie and/or toast with choice of spreads			
9:00	<b>Ukemi - The Art of Falling</b> Beginner <i>Tim</i>	<b>Poi - Chucking Poi</b> Intermediate/Advanced <i>Timmehtek</i>	<b>Dragon Staff - Horizontal Rolls</b> Intermediate <i>Jed</i>	<b>Cardistry 102</b> Intermediate <i>Hugh</i>
10:30	<b>Cyr Wheel</b> Beginner - 6ppl only (see sign-up sheet) <i>Jethro</i>	<b>Whip Cracking - Combos/ Multi/Misc</b> Advanced <i>Brandon</i>	<b>Twin Mini Hoop Basics</b> Beginner <i>Jaxx</i>	<b>Double Contact Staff Folding - Foldathon!</b> Intermediate/Advanced <i>Brettdstar</i>
12noon	<b>Acro Yoga - Twists and Transitions</b> Intermediate <i>Sarah F</i>	<b>Poi - Two Poi, One Hand</b> Intermediate <i>Xanthe</i>	<b>Dragon Staff - Stalls</b> Intermediate <i>Jed</i>	<b>Contact Juggling - Making it Pretty</b> Beginner/Intermediate <i>Kai</i>
1:30	<b>Noms...nom nom nom nom</b> MYO bread/roll with choice of meats and salads <i>Toy Market</i>			
2:30	<b>Mama Stew - Jazz/Hip Hop Dance Routine</b> All levels <i>Jethro</i>	<b>Poi - Silly Between the Legs</b> All Levels <i>Brettdstar</i>	<b>Screen Printing</b> Make your own SpunOut t-shirt <i>Elissa</i>	<b>Puppy Hammer - Next Level</b> Intermediate <i>Tim</i>
4:00	<b>GROUP PHOTO</b>			
4:30	<b>CIRCUS OLYMPICS</b>			
7:00	<b>Din-dins</b> BBQ meats 'n' veg things with bread/rolls and salads <i>Toy Market</i>			
8:00		<b>Renegade Prep</b>		<b>Community Drumcircle</b> All levels <i>Glenn</i>
9:00 onwards		<b>RENEGADE</b> <b>FIRE LIMBO! BURN ALL THE THINGS!</b> (Raffle will be drawn throughout the evening)		

Monday	Hall	Outdoor 1	Outdoor 2	Dome
8:00	<b>Brekky</b> MYO cereal, muslie and/or toast with choice of spreads			
9:00	Pack & Clean - ALL THE THINGS!			
10:00				
11:00				
12 noon	<b>Event Closes</b> Everyone must be out by noon!			